

5 NIGHTS RAINFOREST ROMANCE

If you're less about cocktails by the pool and more about tropical adventures, you'll make memories to last a lifetime in Manuel Antonio. Discover exotic wildlife up close on any number of rainforest escapades. Frolic in our warm Pacific waters and catch a sunset or two to find out why we call it Golden Hour. At Arenas Del Mar we do resort romance quite unlike anywhere else.

Included with your stay: Daily a-la-carte breakfast, 2 complimentary onsite tours, daily yoga or fitness classes, Wi-Fi, complimentary local & international calls.



DAY 1 ARRIVAL & RESORT RELAXATION

Spend your first afternoon in tropical paradise exploring our resort, chilling by the beach, and basking in the rays of Golden Hour - there's nowhere like our infinity pool to admire the epic Manuel Antonio sunsets.

After dark, join us at Mirador Restaurant for some of Costa Rica's best gourmet food. You can look forward to fresh and locally-inspired dishes, responsibly and organically sourced ingredients, and an array of colorful fruits and vegetables... all packed with a passion for flavor.

DAY 2 MANUEL ANTONIO NATIONAL PARK

The sun is shining bright and the howler monkeys are calling. It's the perfect morning to visit Manuel Antonio National Park with our resident guides. Spot monkeys, sloths and hundreds of species of camouflaged mammals and birds on the gentle nature trails leading up to two white sand beaches. Don't forget your bathing suit - the park's beaches are some of the best in Costa Rica!

Complement the day's jungle adventure by unwinding with a complimentary sunset yoga session at the resort and a refreshing cocktail.

DAY 3 KAYAK & COOK

Head down to Islas Damas after breakfast for a kayaking adventure where the rainforest meets the ocean. There you'll paddle along the quiet waterways, exploring the hidden corners of the enigmatic mangrove ecosystem.

After lunch, join Mama Ellie and learn how to make traditional tortillas the old-school way. They're best washed down with some sweet agua de sapo juice, the perfect energy boost you'll need to explore Manuel Antonio town for dinner. Just ask us for recommendations!



DAY 4 SURF & EXPLORE

You've plucked up the courage and the tide is looking just right - surf's up! Grab a board and spend a little while practicing on Espadilla Beach with your professional instructor. Then you'll be off into the Pacific to ride our famous Costa Rican waves!

Chill out for the afternoon ahead of the jungle night walk. This might be the best shot you have at catching a glimpse of our iconic tree frogs amongst other creepy crawlies.

DAY 5 RELAXATION & ROMANCE

Make the most of the resort's two beaches today for plenty of sunbathing and pure relaxation. Our secluded Playitas Beach is accessible only to guests of Arenas Del Mar. In the afternoon, indulge in a couples massage together to set the tone for an evening of fine dining and romance.

Watch the sunset from the jacuzzi of your suite and get ready for a private candlelit dinner - tonight, Playitas Beach is all yours.



At Arenas Del Mar, you'll have the flexibility to tailor your dream honeymoon itinerary. While there is never a shortage of adventures to be had around the resort, honeymoon time is just as well spent in a private jacuzzi, or on our secluded beach. Ask our Travel Advisors for a personalized itinerary and discover all of our romantic favorites.