

## ***Breakfast Menu***

Guest of Arenas Del Mar may choose one of the options below. Your breakfast includes coffee or tea, juice and fresh fruit as well as a selection of fresh daily pastries.

### ***French Toast***

Served with homemade whole wheat bread, seasonal fruit compote, toasted macadamia nuts and a selection of tapa dulce, coconut and tropical fruit syrups.

### ***Tropical Banana or Fruit Pancake***

Served with our selection of syrups and a papaya compote.

### ***Toasted Bagel***

Your choice of natural or whole wheat toasted bagel with our special homemade cheese cream made of roasted garlic and fresh herbs. Served with tomato and onions.

### ***Omelet***

Served with your choice of mushrooms, ham, bell peppers, tomatoes and local farmers cheese accompanied by chef's potatoes.

### ***Gallo Pinto***

Typical rice and beans dish seasoned with local spices and served with eggs any style, fried local farmers cheese with ripe plantains, tortillas and sour cream.

### ***Huevos Chileros a la Tica***

Tortilla aliñada (a freshly made cheese tortilla) with eggs, refried black beans, local farmers cheese and salsa ranchera with bacon.

### ***Poached Eggs with Spinach & Bacon***

Served over an English muffin with a light Hollandaise sauce.

### ***Eggs of your Choice***

Scrambled, poached, soft boiled or fried eggs.

### ***Breakfast Burrito***

Delicious flour tortilla with Cheddar cheese, egg, avocado and a light tomato and bacon sauce.

*We will gladly prepare the salsa ranchera of the Huevos Chileros a la Tica and the tomato sauce of the Breakfast Burrito with no bacon. Please ask your waiter.*

*In an effort to promote environmental and community sustainability we purchase locally produced food. At the same time, all of our staff is from the local community. They are in the process of learning how to serve you and how to speak English. We appreciate your understanding.*

